



Pain and Work- Words Matter

**Saturday, 13
May 2017**



**8.45am-4.15pm
Sage Hotel,
South Terrace, Adelaide**

No cost to attend

Full day catering provided

Learning Outcomes

- Use practical neuroscience and 'nudge' principles to challenge a patient's mindset in order to achieve behaviour change towards health and well-being so as to avoid 'worklessness';
- Prevent the descent into the 'vortex of disability' by assessing and aligning the expectations of your injured patient with your own expectations;
- Effectively use the work capacity certificate to promote functional ability and return to work
- Reflect on current pain language and recognise opportunities for change
- Describe the updated evidence of efficacy of opioids in pain management
- Describe tips for prescribing without conflict between practitioners, patients and regulators

Presented by



Dr Gavin Shepherd, *Occupational
Physician
Certification*

Dr Paul Pers, *General Practitioner
Communicating with injured Workers*

Mr Tim Cocks, *Physiotherapist
Explain Pain- the DIMS & SIMS
approach*

Dr Dilip Kapur, *Pain Specialist
Pain Management*

Approved for 40 Category 1 points with RACGP. Activity #93036. ACRRM points pending



This workshop is supported by
ReturnToWorkSA

Registrations



sapmea.asn.au
Or call **08 8274 6060**