



Bowels, Bogs, Bellies & Burps

An update on Gastrointestinal Health

Saturday, 24 March 2018

St Andrews Medical Centre

Learning outcomes:

- Describe the management and treatment options for patients with inflammatory bowel disease or faecal incontinence
- Discuss the aetiology of paediatric constipation, colic and reflux
- Discuss the current Bowel Cancer Screening program and the latest treatments available to optimise patient safety
- Describe the role of dietary guidelines in the management of common gastrointestinal conditions.
- Identify the common characteristics of IBS, Coeliac Disease and Lactose Intolerance

Program:

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| 8.30 am | Registration |
| 9am | Introduction and welcome |
| 9.05am - 10.00am | Inflammatory Bowel Disease- recognition and management Dr Rob Bryant, <i>Gastroenterologist</i> (1hr) |
| 10.00am – 10.45am | Faecal Incontinence Dr Michelle Thomas, <i>Colorectal Surgeon</i> (45min) |
| 10.45am – 11.00am | Morning tea |
| 11.00am - 11.45am | Paediatric constipation Dr Bec Cooksey, <i>Paediatric Surgeon</i> (45min) |
| 11.45am- 12.30pm | Colic and Reflux Dr Bec Cooksey, <i>Paediatric Surgeon</i> (45min) |
| 12.30pm – 1.00pm | Lunch |
| 1.00pm – 2.00pm | Bowel Cancer screening and latest treatment - Dr Mark Lewis, <i>Colorectal Surgeon</i> (1 hr) |
| 2.00pm – 2.30pm | IBS, Coeliac Disease, Lactose Intolerance Dr Hamish Philpott, <i>Gastroenterologist</i> (30min) |
| 2.30pm – 2.45pm | Afternoon Tea |

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| 2.45pm – 3.30pm | IBS, Coeliac Disease, Lactose Intolerance <i>continued...</i> Dr Hamish Philpott, <i>Gastroenterologist</i> (45min) |
| 3.30pm-4.15pm | Dietary Management Ms Jessica Kruger, <i>Dietitian</i> (45min) |
| 4.15pm – 4.30pm | Questions and Evaluation |