



“Have a CRACK at it!”

Treating Common Upper & Lower Limb Injuries and Fractures

Saturday, 7 April 2018

Queen Elizabeth Hospital, Woodville

Learning outcomes:

- Describe how to assess and manage common acute or chronic finger, thumb & wrist injuries
- Identify the common characteristics and treatment of acute shoulder & elbow trauma and degenerative shoulder & elbow conditions
- Practice how to appropriately plaster common upper limb fractures
- Perform appropriate taping, bandaging and bracing techniques for patients with ankle and foot injuries
- Describe the appropriate referral pathways for people with common fractures that present at a general practice to ensure patient safety

Program:

8.45am	Registration
8.55am	Introduction and Welcome
9.00 – 9.45am	Acute Shoulder & Elbow Trauma Dr Justin Alexander, <i>Orthopaedic Surgeon</i>
9.45 – 10.30am	Assessment and Management of Acute Finger, Hand & Wrist Injuries Dr Paul van Minnen, <i>Plastic & Reconstructive Surgeon</i>
10.30 – 10.45am	Morning tea
10.45 – 11.30am	Common Injuries of the Ankle & Foot Tim Bass, <i>Physiotherapist</i>
11.30am – 12.15pm	Bandaging, taping and bracing of Ankle & Foot Injuries- Practical session Tim Bass, <i>Physiotherapist</i>
12.15 – 1.00pm	Lunch
1.00 – 2.00pm	Degenerative Shoulder & Elbow Conditions Dr Justin Alexander, <i>Orthopaedic Surgeon</i>



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where knowledge + health meet

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2.00 – 3.00pm	Plastering of Common Upper Limb Injuries- Practical session Dr Justin Alexander, <i>Orthopaedic Surgeon</i> and Dr Paul van Minnen, <i>Plastic & Reconstructive Surgeon</i>
3.00 – 3.15pm	Afternoon Tea
3.15 – 4.15pm	Assessment and Management of Chronic Finger, Hand & Wrist Injuries Dr Paul van Minnen, <i>Plastic & Reconstructive Surgeon</i>
4.15 – 4.30pm	Questions and Evaluation