



"How Sweet It Is"

Type 2 Diabetes Update

**Saturday, 15
September 2018**



8.30am – 4.30pm

**Sprout Cooking School
89 Sir Donald Bradman Dr,
Hilton**

**\$30 refundable deposit
Full day catering and cooking
demonstration included**

Learning Outcomes

- Describe the latest evidence base in the diagnosis and management of Type 2 diabetes
- List the dietary guidelines and lifestyle modification programs recommended for type 2 diabetes
- Describe how to interpret blood glucose level results for optimum management
- Perform a comprehensive foot assessment on a person with Type 2 diabetes
- Describe the appropriate referral pathways for a person with Type 2 diabetes to ensure patient safety

Approved for 40 Category 1 points with RACGP. Activity #81805

Presented by



Dr Elaine Pretorius
Endocrinologist

Mr Themis Chryssidis
Dietitian and Author

Mr Reuben Vanderzalm
Accredited Exercise Physiologist

Mr Callum Hann
Celebrity Cook and Author

Ms Jayne Lehmann
Credentialed Diabetes Educator

Ms Lynne Corbett
Podiatrist

