

“Come and Play with MSK”

An Update on Back, Shoulder and Knee Injuries

Saturday, 27 April 2019
St Andrew’s Medical Centre, Adelaide

1. Describe how to assess and diagnose common work related back injuries
2. Assess and describe the appropriate treatment options for common work related shoulder injuries
3. Establish a precise diagnosis & describe treatment options for work related knee injuries
4. Describe the health benefits of work and explain the importance & role of the Work Capacity certificate to ensure patient safety

8.30 am	Registration
9.00am	Introduction and Welcome
9.05 – 9.25am	Health Benefits of Work Simon Hynes, <i>ReturnToWorkSA</i>
9.25 – 10.35am	Back Injury Examination & Assessment Refresher Dr Bridget Sawyer, <i>General Practitioner</i>
10.35am – 10.50am	Morning tea
10.50 – 11.40am	Back Injury Assessment Techniques & Case Studies Dr Bridget Sawyer, <i>General Practitioner</i>
11.40am – 1.10pm	MSK Injuries of the Shoulder
1.10 – 1.40pm	Lunch
1.40 – 3.10pm	MSK Injuries of the Knee Dr Justin Webb, <i>Orthopaedic Surgeon</i>
3.10 – 3.25pm	Afternoon Tea
3.25 – 4.00pm	Bandaging/Taping Techniques of Knee Injuries Dr Justin Webb, <i>Orthopaedic Surgeon</i>
4.00 – 4.15pm	Questions and Evaluation