

“How Sweet It Is” Diabetes Update – Part 2

Saturday, 7 September 2019

Program

Learning Outcomes

1. Discuss the latest in the pharmaceutical management of Diabetes including the use of Insulin Pumps
2. Identify the physiological issues and management associated with preconception and gestational diabetes
3. Discuss strategies to encourage healthy eating practices among patients with Diabetes
4. Describe the role of exercise in the management of Diabetes
5. Discuss the common eye complication associated with Diabetes and the latest evidence-based management

8.30 am	Registration
9.00am	Introduction and welcome
9.10 – 11.10am	Gestational Diabetes Update Dr Ana McCarthy, <i>Endocrinologist</i>
11.10 – 11.25am	Morning Tea
11.25am – 12.25pm	Medication Management Dr Jui Ho, <i>Endocrinologist</i>
12.25 – 1.10pm	Cooking Demonstration & Preparation by All Participants Callum Hann, <i>Celebrity Cook</i>
1.10 – 1.40pm	Lunch
1.40 – 2.40pm	Lifestyle Modification Programs Reuben Vanderzalm, <i>Accredited Exercise Physiologist</i>
2.40 – 3.30pm	Diabetic Eye Disease Dr Tim Greenwell, <i>Ophthalmologist</i>
3.30 – 3.45pm	Afternoon Tea
3.45 – 4.15pm	Diabetic Eye Disease – Case Studies Dr Tim Greenwell, <i>Ophthalmologist</i>
4.15 – 4.30pm	Questions and Evaluation