

# Pain and Work: Words Matter

**Saturday, 20<sup>th</sup> October**

Sage Hotel, Adelaide

## Learning Outcomes

1. Reflect on current pain language and recognise opportunities for change
2. Discuss the psychology of pain and non-pharmaceutical pain management strategies
3. Describe the updated evidence on the efficacy of opioids in pain management
4. Describe tips for prescribing without conflict between practitioners, patients & regulators
5. Describe the health benefits of work & explain the importance and role of the work capacity certificate to ensure patient safety

8.30 am	Registration
<b>9.00am</b>	<b>Introduction and Welcome</b>
<b>9.05 – 10.30am</b>	<b>Communicating with Injured Workers</b> Dr Paul Pers, <i>General Practitioner</i>
10.30 – 10.45am	Morning tea
<b>10.45 – 11.30am</b>	<b>Communicating with Injured Workers (continued...)</b> Dr Paul Pers, <i>General Practitioner</i>
<b>11.30am – 12.30pm</b>	<b>Certification and the health benefits of work</b> Dr Chris Bollen, <i>Medical Advisor – ReturnToWorkSA</i>
12.30 – 1.00pm	Lunch
<b>1.00 – 2.30pm</b>	<b>Pain management</b> Dr Tim Semple, <i>Pain Specialist</i>
2.30 – 2.45pm	Afternoon Tea
<b>2.45 – 4.00pm</b>	<b>The Psychology of Pain and Non Pharmaceutical Management Strategies</b> Ms Anne Burke, <i>Co-Director of Psychology, CALHN</i>
<b>4.00 - 4.15pm</b>	<b>Questions and Evaluation</b>