



Care planning for Complex Scenarios/Clients

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What do we mean by complex?

Capacity concerns

Behaviour concerns

Abuse or vulnerability

Difficult family dynamics



Person centred care

Understanding the person

Avoid disease focus

Built on mutual trust



Multi-disciplinary and team approach

Help share decision making

Can get various perspectives

Enable holistic care to take place



Ethical and Legal Considerations

Consider the legality of what is in place

Review existing care plans

Regular review of care plans may be helpful

Involving other agencies – Adult Safe Guarding



Most common complex presentations

Agitation and Aggression

Anxiety

Apathy

Nocturnal Disruption

Psychosis

Inappropriate Sexual Behaviour

Family Dynamic Issues



Case illustration

Agitation in a 77yr old

No diagnosis

Rarely seen in clinical setting

Becoming increasingly aggressive and agitated at home

No ACD in place

No POA in place



What should you do?

Apply a person centred approach

Consider utilising a Multi-disciplinary approach

Consider ethical and legal considerations



Case Continued

Lives alone at home with wife

Wife priority is to keep him home as long as possible

Met by me in 2022 April – provided a diagnosis

Commenced on SSRI and Memantine

Referred to ACAT

Attempted social support at home

Out of home Respite



Multi-Disciplinary

Referral to DSA

Referral to GEM team in SALHN

Continued support – for me and for family

Too late for ACD/Care planning



Further planning

Family meeting with son arranged

Person centred

Multi-Disciplinary

Further advice and support

Person centred

Wife not keen to transfer to any other care



Ethical and legal considerations

No ACD/POA in place

What are the risks?



Situation deteriorated

Escalating violence and aggression

Emergency admission to Flinders followed by admission to SAHDU and finally the very severe wing for support.



Local Services

Health Pathways

Acute Older Persons' Mental Health Assessment

<https://southaustralia.communityhealthpathways.org/340864.htm>

Elder Abuse and Neglect

<https://southaustralia.communityhealthpathways.org/63421.htm>

Older Adults' Mental Health Advice

<https://southaustralia.communityhealthpathways.org/335252.htm>

Cognitive Impairment and Dementia

<https://southaustralia.communityhealthpathways.org/33325.htm>

CALHN

Multi-disciplinary aged care service
Older persons mental Health

SALHN

Community GEM team – or outreach team
Older persons mental health team

NALHN

Geriatric triage
Older persons mental health team

Country PHN – see health pathways



Services Continued

